

Lotus Center receives bag refund donation

The Lotus Center was one of the nonprofit groups that received a bag refund donation this month from the Silver City Food Co-op.

The Co-op gives a "chip," worth 5 cents, for each bag a customer brings in to use for their groceries, according to a news release. Customers can then donate that chip to one of two nonprofit groups selected by the Co-op for that month.

The Lotus Center is a nonprofit community center in downtown Silver City offering classes in meditation, yoga, and other types of mindful movement, the release stated. Operating since January 2015, the Lotus Center welcomes people who seek to improve their health, relieve stress, and find inner peace in a welcoming and serene place.

Jeff Goin, founder of the Lotus Center, has been



Above, from left, are Joe Z, general manager of the Food Co-op, Jeanne Miller of the Co-op, and Jeff Goin, Helen Matelson, Corri Broner, Skyler Dahlin, and Margaret Scott, all of the Lotus Center.

teaching and leading non-denominational meditation in Silver City, on a vol-

unteer basis, since 2008, according to the release. His classes provide practi-

cal ideas and methods for

Oct 31, 2016

The YSAPC is a program of the town of Silver City and advocacy change that promotes resilient and en...

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